



"The Connection"

Child Care Connection, Inc. - Resource & Referral

Serving Langlade, Lincoln, Marathon and Taylor Counties

Newsletter #94

January—February, 2009

Let's Leap into Literacy and Make Language Learning Fun!

with Jane Kitson, aka Mother Goose

Saturday, January 24, 2009 • 8:30 a.m. to 4:00 p.m.

Northcentral Technical College, Wausau

Center for Health Sciences Bldg.—Room 1004

*Sponsored by Child Care Connection, Northcentral Technical College,
and AC Kiefer—Wausau School District*

Wear comfortable clothing as we will be MOVING!

Spinning, hopping, clapping, stomping, shaking and lots of movement all make this workshop fast paced and fun. It includes lots of new activities that appeal to young children. Participants will be actively involved in dozens of new activities that include props, costumes, puppets and visuals designed to enhance oral language skills in young children.

The workshop also includes a make and take session where each participant will complete 7 projects that can be used to enhance the language development activities learned during the session. **NOTE:** participants are asked to bring scissors, markers, glue stick, sharpie, pencil and a one-hole paper punch.

This class has been submitted for 6 hours of tiered credentials by the Registry.

Cost: \$49 (includes some materials, beverages and lunch)



**PRE-REGISTRATION IS REQUIRED
BY JANUARY 15, 2009!**

Call NTC (toll-free) at 888-682-7144 x 5861
or visit ntc.edu/wls/register and choose Early Childhood Continuing Ed
If you need to cancel, you must do so 5 business days prior to receive a refund.

For more information, contact Amy Tamsen at 715-803-1278 or tamsen@ntc.edu

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www.childcareconnectioninc.org

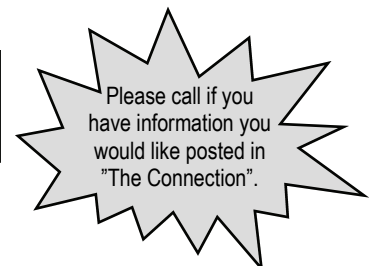
Staff:

Micki Krueger
-Executive Director-

Rachele Cherek
-Resource & Referral
Specialist-

Kao L. Xiong
-Bi-Lingual Aide/
Referral Specialist-

The Bulletin Board



WELCOME AND CONGRATULATIONS TO NEW PROVIDERS!

ZOO SIAB TOS TXAIS THIAB THOV QHUAS TXOG COV
KAWM TIAV ZOV ME NYUAM TSHIAB!

Licensed Group Child Care:

Licensed Family Child Care:

Justin Bucher, Wausau

Certified Family Child Care:

See Lor, Wausau
Melita Boerschinger, Wausau

Provisionally Certified Family Child Care:

Virginia Dorcey, Merrill
Theresa Swiechowski, Merrill
Erin Sullivan, Wausau
Michelle Mutterer, Stratford

Increased Regulation

Trou Lor, Wausau-Provisional to Certified

BUSINESS INFORMATION FORM (BIF)

Thank you for returning your Business Information Form (BIF)!
Accurate information is important for parent referrals and in assessing child care needs.

There is still time to get your information updated.

Please return your BIF as soon as possible.

The BIF is also available on our website.
Contact CCC with any questions.

Returned BIF's

Langlade County: 27%

Lincoln County: 39%

Marathon County: 31%

Taylor County: 41%

From the BIF's that were returned by the deadline, we have chosen one from each county to receive a prize!

Congratulations:

Donna Murra, Langlade County
Robin Halbach, Lincoln County
Kay Koshalek, Marathon County
Donna Seidel, Taylor



VACANCY UPDATE FORM

Please return the enclosed vacancy update form to our office by **February 1st**. This information is also available on our website.

Thank you for returning your CCC Stakeholder Survey!

Child Care Providers - 21% return rate.

Community Agencies/Organizations - 39% return rate.

Here are some of the combined results:

-75% of you have contacted CCC 1 to 6 times within the past six months

-You say, the three most valuable services CCC provides are child care referrals (including information about quality child care), child care provider training, and child care related data

-86% of you rate the overall quality of CCC services Good to Excellent

-Some of your greatest concerns about the state of child care in your community are: quality of care, availability of care (specifically for infant and school age care, and second/third shifts), the cost of care, unregulated care, and child care provider wages

If you would like a copy of the survey results, we'd be happy to email them to you - just give us a call or send us an email.

Thanks for your support! Your feedback is appreciated.

Mark your calendar...

WEEK OF THE YOUNG CHILD
April 19th-25th

Have you heard about PDAS?

(Professional Development Approval System)

What is PDAS (Pah-daz)?

PDAS is a Wisconsin's trainer and training approval system. Currently, training outside of higher education (credits and CEUs) is given without regard to the expertise of the trainer or the content of the training. And although there are many trainings of quality and trainers with vast expertise, there is no system to assess that the training is of good quality and that the trainer is qualified.

This online system is an attempt to assure that the training and trainer have been reviewed and meet a certain level of quality.

To be an approved trainer on the Wisconsin PDAS, you will need to have taken an **approved adult learner course**.

This class has been designed for those who do not have specific training on teaching adults, adult education requirements. During this training, students will receive 6 hours of in person training which will cover all areas of teaching and training the adult learner.

For more information about the Wisconsin PDAS, contact:

The Registry, Inc @ (608) 222-1123
or registry@the-registry.org

Adult learner course
information
on our training page

MyPyramid for Preschoolers



Audrey won't eat any veggies, and Jimmy only eats foods that are white. What's a parent to do? USDA has come to the rescue. The U.S. Department of Agriculture (USDA) has a new, interactive MyPyramid for Preschoolers website for parents and caregivers that provides unique, individualized nutrition guidance to meet the needs of preschoolers 2 to 5 years of age.

Check out this wonderful new resource at:

<http://mypyramid.gov/preschoolers/>

Key topic areas of MyPyramid for Preschoolers include:

- **MyPyramid Plan** - Parents and caregivers can create a customized plan for their preschooler and provides a printable, general guide for what and how much to offer daily from each of the food groups.
- **Growth During the Preschool Years** answers the question -- Is my child growing the way he or she should be? Users simply enter gender, age, height and weight to get Body Mass Index and Height-for-age results on a printable, user-friendly graph.
- **Developing Healthy Eating Habits** provides parents and caregivers with what they can do to help children develop healthy eating habits. Topics include food variety, portion sizes, coping with a picky eater and others.
- **Physical Activity** provides answers to questions about physical activity for preschoolers and provides tips to help them be more active.
- **Food Safety** provides information on keeping foods safe to eat.
- **Sample Meal and Snack Patterns** help translate the "MyPyramid Plan" into individual meals and snacks. There are recipe ideas to help make food, and eating, a fun and pleasurable experience. Here are two examples:



Bagel snake — Split mini bagels in half. Cut each half into half circles. Spread the halves with toppings like tuna salad, egg salad, or peanut butter. Decorate with sliced cherry tomatoes or banana slices. Arrange the half circles to form the body of a snake. Use olives or raisins for the eyes.

Frozen graham cracker sandwiches — Mix mashed bananas and peanut butter, spread between graham crackers and freeze.

MyPyramid for Preschoolers was developed by USDA's Center for Nutrition Policy and Promotion in coordination with Team Nutrition and WIC. Article provided by Marla Hill, RD, CD, Public Health Nutritionist with the Marathon County Health Department.

Standard Meal Allowance Rates

The Standard Meal Allowance Rates are the amounts that all providers can use each year to deduct food expenses on their tax return. These rates can be used by all providers, whether or not they are on the Food Program. These rates are based on the Tier I rate that is in effect on January 1 of each year. Use these rates for meals and snacks served for the entire calendar year. Although the [Child and Adult Care Food Program \(CACFP\) Rates](#) go up every July, providers must continue to use the Tier I rate amount that was in effect in January for all meals served for the year. Providers can claim up to one breakfast, one lunch, one supper, and three snacks per day per child, if they serve them.

2008: Breakfast—\$1.11, Lunch/Supper—\$2.06, Snack—\$0.61

2009: Breakfast—\$1.17, Lunch/Supper—\$2.18, Snack—\$0.65

www.resourcesforchildcaring.org



January

January Is...

Book Blitz Month
National Skating Month
Oatmeal Month



Coffee Filter Snowflake

Coffee Filter, Blue Tempera Paint, Scissors,
Water, Paint Brush

Water down blue tempera paint, then paint the coffee filter. Once the filter dries, fold it in half, and then in half again, and then in half one more time. Cut the edges, like you would do with a snowflake. Open up and surprise! Looks great hanging in the window...

A chubby little snowman
Had a carrot nose;
Along came a rabbit
And what do you suppose?
That hungry little bunny,
Looking for his lunch,
Ate the snowman's carrot nose.
Nibble, Nibble, Crunch!

Snowball Hunt
Cotton balls, empty egg carton, marker

Hide cotton balls around the room. Give each of your children an empty egg carton with the cups labeled from 1 to 12. Let the children walk around the room looking for the hidden "snowballs". Once all the snowballs have been found, count them together.

Edible Glacier

Make blueberry flavored gelatin following package directions. After refrigerated, crush about 1/2 package of chocolate wafers or chocolate sandwich cookies. Mix with one container of Cool Whip and spread over the set gelatin. This is the icy blue center of the glacier, with snow on top.

Days in February...

1st: Give Kids a Smile Day
9th: Read in the Bathtub Day
26th: National Chili Day

A Hug From You

Sung to: "Mary had a little lamb"

It's nice to get-a-hug from you,
Hug from you, Hug from you.
It's nice to get-a-hug from you,
So, let's give one right now.
(Hug a friend)

Paint with Ice Cubes

Food coloring, Water,
Ice cream sticks,
Coffee filters, Paper

Put colored water in ice cube trays, put in ice cream sticks to make the cubes easier to handle. Freeze. Let the children paint on the filters with the ice cubes.

Roll Ups

Need: Cream cheese, jam, tortilla, butter knife

Directions: Have the children spread cream cheese and jam onto a tortilla. Have the children roll the tortilla up like a log and enjoy!

Elefantina's Dream

By X. J. Kennedy

Smile, Lily!

By Candace Fleming

A Winter Day

By Douglas Florian

Happy New Year, Pooh

by Kathleen Weidner
Zoehfeld

Freeze Heart

Cut heart shapes out of construction paper and laminate them. Place the hearts on the floor. Play music and let the children dance and move around them to the music. Stop the music and everyone has to find a heart to land on! You can vary this game by removing the hearts slowly and asking the children to play cooperatively by sharing the hearts when they land, eventually everyone is on one or two hearts.

How Do You Make a Baby Smile?

by Philemon Sturges

Bathtub Blues

by Kate McMullan

Little Otter's Big Journey

by David Bedford

My Heart Is a Magic House

by Julie Jacobs

Valentine Placemat

Red paper, paint, liquid paper correction pen, laminate or contact paper



Directions: Cut a large heart from red 12 x 18 construction paper. Paint the child's hands with white paint, press each hand onto the red heart. Write the child's name and the date with liquid paper correction pen. Let dry and laminate.

Training



North Central Technical College Continuing Education Opportunities

Shaken Baby Syndrome Prevention

Cost: \$9.00/session

Thursday, January 20th 6:30pm-8:00pm

Saturday, February 7th 9:00am-10:30am

ECE Book Club: 12 Simple Secrets Real Moms Know

Come share the ideas from Dr Michelle Borba's book!

Cost: \$15 (does not include book)

Thursday February 12th 6:30pm-8:30pm

The Local Family Resource Center: What can they do for you?

Come and hear what services they can provide both you and to the families you serve

Cost: \$15 (does not include book)

Thursday February 26th 6:30pm-8:30pm



Northcentral Technical College Early Childhood Education:

10-307-148	Foundations of Early Childhood Education	Th	7-9:50pm	1/15-5/14
10-307-179	Child Development	M	6-8:50pm	1/12-5/11
10-307-194	Math, Science, & Soc. Studies	Tu	4-6:50pm	1/13-5/12
10-307-178	Art, Music, & Lang.Arts	Tu	7-9:50 pm	1/13-5/12
10-307-174	Practicum 1	Tu	3-3:50pm	1/13-5/12
10-307-192	Practicum 2	Th - Int	3-3:50pm	1/15-4/9
10-307-188	Guiding Child Behavior	Th	4-6:50 pm	1/15-5/14
10-307-151	Infant & Toddler Dev. (Antigo campus)	Sa	8am-5:00pm	2/7-2/21-3/7
10-307-167	Health, Safety, & Nutrition (Antigo campus)	Sa	8am-5:00pm	4/4-4/18-5/2
10-307-197	Practicum 3	Th-Int	3-3:50pm	1/22-5/14
10-307-199	Practicum 4	W	3-3:50pm	1/14-5/13
10-307-103	Intro. To Infant/Toddler Care	Sa	8:00am-4:00pm	1/17 *Off site
47-307-421	Intro. To the Child Care Profession	Sa	9:00am-11:50am	1/17-4/25
47-307-423	Fundamentals of Family Child Care	Sa	8:30am-12:20pm	5/2 & 5/9
47-307-425	Intro. To The Child Care Prof. – Module A (certification)	Sa	9-11:50 am	1/17-2/14

For more information, please contact Amy Tamsen, at (715) 675-3331 x 1278.

REGISTER online at www.ntc.edu/wls/register or by phoning the Wausau campus at 715-675-3331 x 4940, or your local campus.

Heartsaver CPR Training

Due to the Wisconsin's new automatic external defibrillator (AED) law for licensed child care providers, CCC is investigating the continuance of our CPR instruction.

For more information about this law, contact your licensing specialist, or visit dcf.wisconsin.gov—search for BECR Memo 2008-07.

If we are able to continue providing CPR instruction, we will develop a class as soon as possible. Please call Child Care Connection to be placed on a waiting list.

CCC and Northcentral Technical College present...

Shaken Baby Syndrome Prevention: Train the Trainer

Thursday, February 19th

10:00am to 1:00pm

Location: NTC Wausau campus and delivered by ITV to Medford, Antigo, Phillips, and Wittenberg.

Please watch your mail for more information

Wisconsin Registry Adult Learner Class

(Professional Development Approval System, PDAS)

January 15th 9am-3:30pm

Northcentral Technical College, Wausau

Register online at www.wecanaeyp.org or by calling (800) 783-9322 x 7253

Play 'N Learn presents

Colleen & Uncle Squaty in..

SING-A-MOVE-A-DANCE

"Music For Your Day"

Saturday, January 31st

10:00am-1:00pm

Cedar Creek Mall Community Room, Wausau

For more information please contact:
Colleen & Uncle Squaty: 800-491-6055 or
Play 'N Learn: 715-344-4882

Provider Network / Support Group Meetings

A great way to meet with other providers and share successes, problem solving, and plan fun!

Langlade County: If interested in starting up a support group please contact Child Care Connection

Lincoln County: Meeting times to be determined. For more information contact, Brenda Danielczak at 551-4775

Marathon County: Meeting every-other month; location and topics vary. Call Ann Sheahan @ 693-7565 for details.

Taylor County: 3rd Monday of month - For more information, call Kelly Emmerich @ 748-6192.



**Child Care Providers may use the
Child Care Connection**

COPIER: 10 cents per white copy
LAMINATOR: 75 cents per foot

Both are self serve. CALL AHEAD!

**Child Care Connection
Board of Directors**

Marathon County

Georgia Fisher
Mary Olson
Sandy Suprak
Connie Zebro

Lincoln County

Joann Benedict
Carole Gessler
Rich Thwaites

Taylor County

Kelly Jensen
Linda Heinkel
Joseph Greget

Langlade County

Ginny Rusch
Kim Van Hoof

"The Mission of the Child Care Connection is to respond to needs and deliver services that improve and support a quality child care system."

"Cheers to a new year and another chance for us to get it right."

Oprah Winfrey, O Magazine



**Donate while you shop!
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109825

Visit our website: www.childcareconnectioninc.org



Think Big. Start Small.
Invest early in a child's future

Xav tau key pab pes/txhais daim ntauw xovxwm no thov hu tuaj rau Kao Lai Xiong 539-9779 Hnub Mondays - 9:00 txog 4:00pm.

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